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## SKILLS PROGRAMME IN BASIC LIFE SUPPORT AND FIRST AID PROCEDURES

**NQF LEVEL 1**

**5 CREDITS**

**DURATION: 2 DAYS THEORY**

**5 DAYS PRACTICAL**

**FEES: R475.00**

**119567 PERFORM BASIC LIFE SUPPORT AND FIRST AID PROCEDURES**

### SPECIFIC OUTCOMES

**SO 1: Demonstrate an understanding of emergency scene management.**

**AC 1:** Maintenance of personal safety is explained in terms of preventing injuries to self and infectious diseases.

**AC 2:** Methods of safeguarding the emergency scene are explained in accordance with relevant practices and legislation.

**AC 3:** Methods of safeguarding the injured person are explained in accordance with relevant practices and legislation. Methods of safeguarding the injured person are explained in accordance with relevant practices and legislation.

**AC 4:** The medico-legal implications of rendering First Aid are explained in terms of relevant legislation.

**SO 2: Demonstrate an understanding of elementary anatomy and physiology.**

**AC 1:** The different systems of the human body are described in terms of their structure and function.

**AC 2:** The manner in which the systems relate to each other is explained in accordance with basic medical science.

**AC 3:** The way in which each system operates is explained in accordance with basic medical science.



Health and Welfare Sector  
Education and Training Authority

**HWSETA**

Accreditation Number: HW592A1000423

**SO 3: Assess an emergency situation.**

**AC 1:** The emergency situation is assessed in terms of priority treatments.

**AC 2:** The cause of the emergency is identified in terms of main contributing factors.

**AC 3:** The type of injury is identified in terms of broad classifications.

**AC 4:** The situation is assessed in terms of the type of assistance required

**SO 4: Apply First Aid procedures to the life-threatening situation.**

**AC 1:** First Aid treatment applied is appropriate to the situation and the prevention of complications.

**AC 2:** Equipment that is not readily available is improvised in terms of the First Aid procedure required.

**AC 3:** Universal precautions are taken which are appropriate in terms of preventing infection.

**AC 4:** First Aid is applied in accordance with current practice.

**AC 5:** Cardio-Pulmonary Resuscitation (CPR) and Artificial Respiration (AR) is performed in accordance with accepted procedures.

**AC 6:** Referral to medical assistance is done in accordance with the specific needs of the casualty.

**SO 5: Treat common injuries.**

**AC 1:** Different types of injuries and conditions are identified and described in terms of their severity, cause and possible treatment.

**AC 2:** Universal precautions taken are appropriate in terms of preventing infection.

**AC 3:** Equipment that is not readily available is improvised in terms of the First Aid procedure required.

**AC 4:** Referral to medical assistance is in accordance with the specific needs of the casualty.

**AC 5:** Follow-up care is provided in accordance with the specific needs of the casualty.